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During the current financial crisis, we understand times are tough for many of us.

To help families with the cost of living crisis, the Government has launched the following website which includes information and support on household costs, energy bills, income support, child care costs, transport costs and help to find work. Click the following link to access the information:

[Help for Households - Get government cost of living support](#)

Cumbria County Council have followed this up with their own support scheme. The “Household Support Grant” funds support for families experiencing food and utility bills hardship. Access the “Ways to Welfare” link below for more support and information:

[Cost of Living Support | Cumbria County Council](#)

Other useful links:

[Need Help – Welcome to The Carlisle Foodbank](#)

[Warm Spots | Cumbria County Council Alpha](#)

Thank you